

Let Us Pray

Lord,
I come before you to humbly ask
that you help remove my shortcomings.
Perhaps a beloved son (daughter) shall remain
to bear witness to the divine role
that you have had in my life.
Show me the grace to do this
through word and action.
I ask this not so I may be glorified
in the eyes of others,
but so that I may go forward
to do your will in all facets of my life.
Free me from impatience, stubbornness, and
pride, so that my life may fall in line with your
divine plan.
I truly believe that in your grasp, Oh Lord,
I can do all that you inspire me to do.
Amen.

Catholic in Recovery Twelve Steps and Sacraments Study Week 7: A Humble Request



Matthew 9: 21-22:

“She said to herself, ‘If only I can touch his cloak, I shall be cured.’ Jesus turned around and saw her, and said, ‘Courage, daughter! Your faith has saved you.’ And from that hour the woman was cured.”

Matthew 9: 32-33:

“As they were going out, a demoniac who could not speak was brought to him, and when the demon was driven out the mute person spoke. The crowds were amazed and said, ‘Nothing like this has ever been seen in Israel.’”

Step Seven: Humbly asked Him to remove our shortcomings.

Going Further

1. Are you equipped with the three necessary tools for personal change: humility, open-mindedness, and willingness? Explain.
2. Begin making an effort to live each day in the present, to the best of your ability. Develop habits of keeping your mind from wandering too far off into the past or too far ahead into the future. If you find yourself drifting, humbly return to God with a grateful and repentant heart.
3. When have you encountered a spiritual lull that has made getting into action difficult? How have you found success getting out of that lull in the past?
4. For the next several weeks, pray the Seventh Step Prayer on a daily basis:

My Creator,
I am now willing that you shall have all of me, good and bad.
I pray that you now remove from me every single defect of character that stands in the way of my usefulness to you and my fellows.
Grant me strength as I go out from here to do your bidding.
Amen.